

SOFTBALL RULES BY AGE GROUP*

	6U	8U	10U	12/14U
BASE DISTANCES	50	50	60	60
PITCHING DISTANCES	SAFE DISTANCE	32' (adult pitcher must start with one foot on the rubber)	35	40
SOFTBALL SIZE	11" Soft	11" Soft	11" Regulation	12" Regulation
NUMBER OF PLAYERS ON DEFENSE	ALL Players (no minimum)	10 Maximum, 8 minimum (all players eligible to return to defense even after leaving)	10 Maximum, 8 minimum (all players eligible to return to defense even after leaving)	9 Maximum, 8 minimum (all players eligible to return to defense even after leaving)
NUMBER OF INNINGS	3 Innings	5 Innings	5 Innings	7 Innings
TIME LIMITS	1 hour (Max) No new innings after :45	1 hour 45 Minutes (No New Innings after 1:30)	1 Hour 45 Minutes (No New Innings after 1:30)	2 Hours 15 Minutes (No New Innings after 1:45)
PITCHING**	Adult/Tee (Maximum of 4 pitches – not including fouls on 4 th pitch)	Youth/adult pitch Girl can pitch max 1 inning.	Youth pitcher – no more than 2 of first 4 innings	Youth pitcher – no more than 2 of first 4 innings
STEALING	No Stealing	No Stealing	No Stealing Home; No Stealing with 4 Run Lead, Stealing OK after ball passes home plate	Stealing OK after balls leaves pitchers' hand
CATCHING	No Dropped 3 rd Strike Rule	No Dropped 3 rd Strike Rule	Dropped 3 rd Strike Rule in Effect unless 1 st base is occupied.	Dropped 3 rd Strike Rule in Effect
RUN LIMITS	All player score each inning	4 runs for first 3 innings; 9 batter rule	4 runs for first 3 innings; 9 batter rule	4 runs for first 3 innings; no run limit
Over Throws		One Base max ... runner can be tagged out	One Base max ... runner can be tagged out	

*This summary is meant ONLY as a brief review of the ASA and interleague-approved rules. You must be familiar with and comply with ALL rules as outlined therein.

**Pitchers hitting 3rd batter of inning MUST leave for remainder of inning (pitching 2 of first 4 innings rule remains in effect. Pitching 1 pitch counts as an inning.) Pitchers hitting 4th batter in game may not pitch remainder of game.